

Sacred Grove Healing Massage  
David Peter Armentano L.M.T., M.M.P.  
License # MT111247  
(469) 285-9815  
www.SacredGroveHealingMassage.com

**Client Information**

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Cell phone: \_\_\_\_\_ Work Phone \_\_\_\_\_

Birth Date \_\_\_\_\_ Email : \_\_\_\_\_ ( we don't share email)

How did you hear about us: Dr. \_\_\_\_\_ ?  
Website \_\_\_\_\_ Yellow Pages \_\_\_\_\_ Other- (Please explain) \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

What is your reason for today's visit? (I.e. relax, specific discomfort/pain)

Have you ever had a professional massage before? Yes \_\_\_ No \_\_\_

Are you pregnant or trying to get pregnant? Yes \_\_\_ No \_\_\_

If yes, how far along are you? \_\_\_\_\_

**PLEASE MARK IF YOU HAVE/HAD ANY OF THE FOLLOWING CONDITIONS:**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Heart Conditions                   | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Vascular/Blood Disorders |
| <input type="checkbox"/> Skin Disorders                     | <input type="checkbox"/> Immune Disorders    | <input type="checkbox"/> Stomach Disorders        |
| <input type="checkbox"/> Diabetes                           | <input type="checkbox"/> Cancer              | <input type="checkbox"/> Respiratory Disorders    |
| <input type="checkbox"/> Arthritis                          | <input type="checkbox"/> Allergies           | <input type="checkbox"/> Broken Bones             |
| <input type="checkbox"/> Headaches                          | <input type="checkbox"/> Back or Chest Aches | <input type="checkbox"/> Sciatic Pain             |
| <input type="checkbox"/> Leg/Foot Pain                      | <input type="checkbox"/> Neck/Shoulder Pain  | <input type="checkbox"/> TMJ Syndrome             |
| <input type="checkbox"/> Neuropathies                       | <input type="checkbox"/> Edema               | <input type="checkbox"/> Breast/Augmentation      |
| <input type="checkbox"/> Dentures                           | <input type="checkbox"/> Wear Contacts       | <input type="checkbox"/> Allergies to oils/scent  |
| <input type="checkbox"/> Radiation / Chemotherapy treatment | How long? _____                              |   |

Do you Smoke? \_\_\_\_\_ Drink Alcohol? \_\_\_\_\_ Drink Caffeine? \_\_\_\_\_  
Drink Soda? \_\_\_\_\_ Eat Chocolate? \_\_\_\_\_ Use lots of salt? \_\_\_\_\_

Exercise/ Stretching Habits? \_\_\_\_\_  
How many times per week? \_\_\_\_\_ Duration? \_\_\_\_\_

Please advise us of any other health care professionals you have seen for this condition \_\_\_\_\_

Do you take any prescription medication? \_\_\_\_\_ if yes please list:  
\_\_\_\_\_

Do you have any other medical issues including surgery that I should be aware of before giving you massage therapy? If yes, please describe. \_\_\_\_\_

**Please read the following, initial and sign below:**

\_\_\_ I consent to Breast Massage of female clients **if** it is medically necessary

\_\_\_ We utilize conservative draping during our sessions

\_\_\_ If you feel uncomfortable for any reason you may ask to end the session.

\_\_\_ The types of techniques we use in the session, the parts of the body to be massaged, including indications /contraindications are determined during your initial visit / assessment and are fully explained by your Therapist.

\_\_\_ Be aware that our therapists are Licensed Massage Therapists with a wide variety of Advanced Training. However, we are not Physicians. If you have specific questions regarding your Medical Conditions, if any, please seek the advice of your Physician.

\_\_\_ I understand that Massage Therapy given here is for the purpose of, but not limited to: Fulfilling a prescription of a treating physician, for a medically necessary condition. For stress reduction, relief from muscular tension, spasm or for increasing circulation and energy flow. I understand that the Massage Therapist does not diagnose illness, disease, or any other physical or mental disorder. Massage therapy is not a substitute for medical examinations and/or diagnosis. It is recommended that I see a physician for any physical ailment that I might have.

\_\_\_ Because a Massage Therapist must be aware of existing physical conditions; I have stated all of my known medical conditions and take it upon myself to keep the massage therapist updated on my physical health.

\_\_\_ I will respect the time of my Massage Therapist(s) and other clients. I agree to come to my scheduled appointments promptly, barring any unforeseen emergency. I understand that if I cancel later than 4 hours prior to my appointment, I will have to pay HALF the cost of my appointment. If I NO SHOW, I will have to pay the FULL price of the appointment.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Therapist Signature: \_\_\_\_\_ Date: \_\_\_\_\_